

DAYDREAMER
BY MARK BASTERFIELD

My name is Mark Basterfield and thirty years ago I was diagnosed with a borderline personality disorder and obsessive compulsive disorder.

My current project, Daydreamer, gives body (photographs and text) to some of the moments of confusion (often disturbing, and which provoke all kinds of mental anguish) that these disorders bring with them. In this visual journey, some of the crises and images that accompany the project are calm. They cease to be nightmares and become reveries, dreamscapes. Likewise, the images can sometimes be violent, disturbing and completely irrational.

In Daydreamer, mother nature is the most powerful thing I can photograph to create equivalences of my experiences, feelings and anxieties, and thus work on my disorders. Such is the case in the photograph 'Inside my head' in the project, in which a storm can be seen crawling over a mountain range. It should also be noted that the portraits of automatons included in the series are also a representation of my inner voice.

With this project I propose to work on the theme of mental health through the language of photography, as well as to open a debate on this issue, which is often misunderstood because it is taboo.

The Daydreamer series is made up of 18 digital prints ready to be viewed.



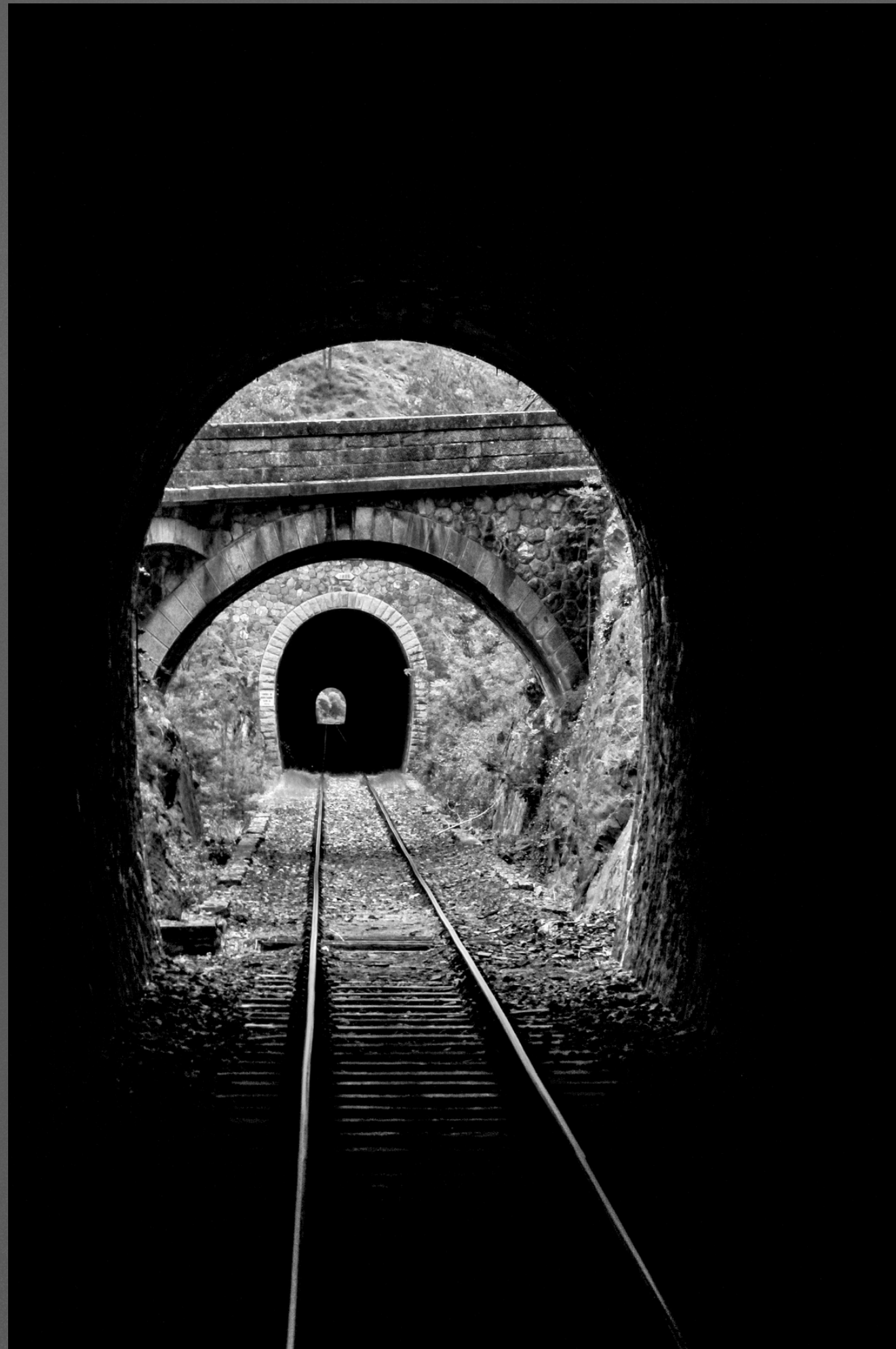
Featureless, enclosed in my world



In my head



Escape



Down the rabbit hole



The background



Self-destruction



Disdain



I will help you



Gathered to harm me



Real or false?



Who can help?



Trust me, I am you



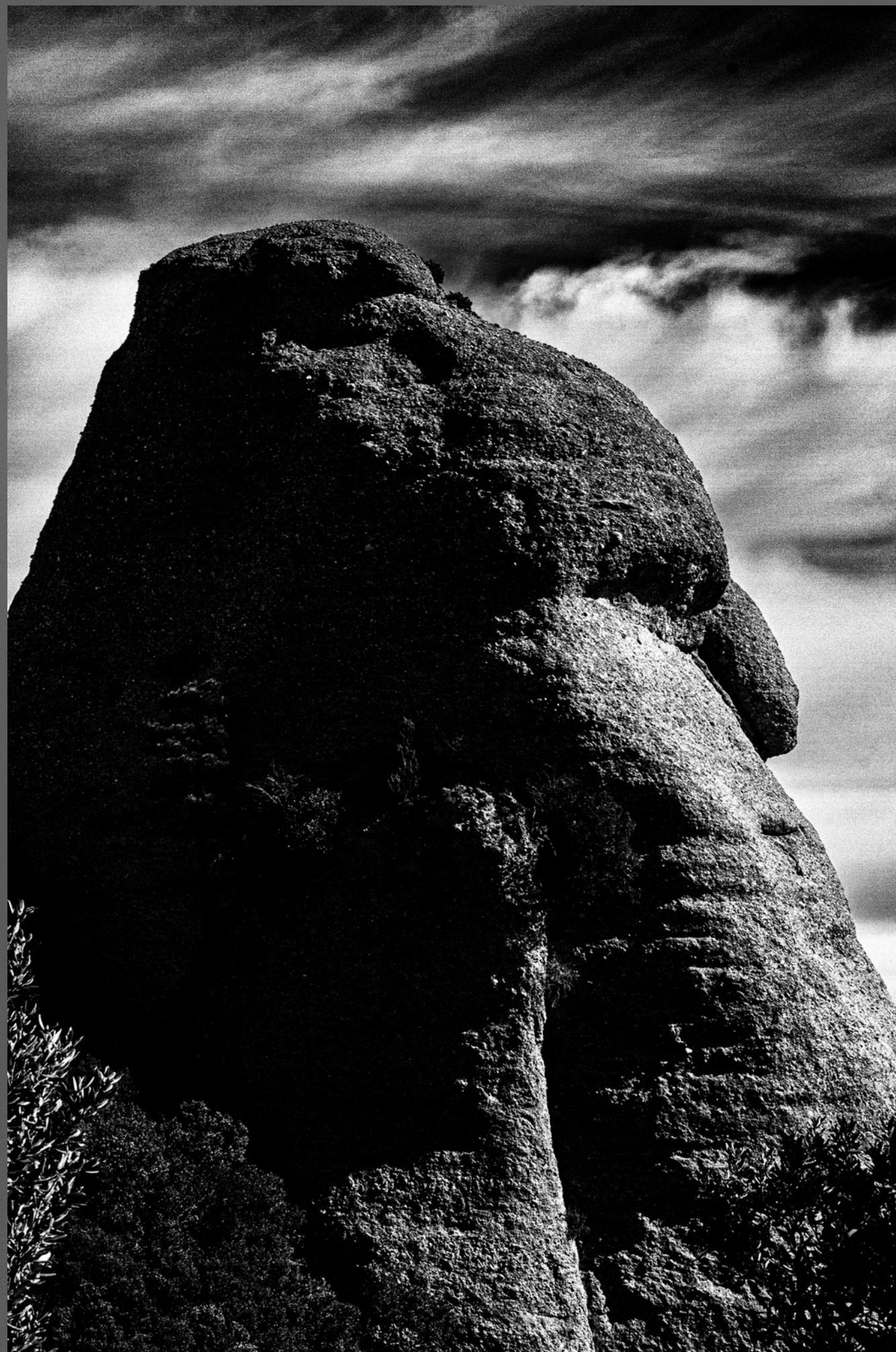
Visions



Voice floating in the wind



Fighting the monster inside



strength is the key



Peace at last?



See you soon